Message From The President of the Board of Directors

2025 seemed to be a year of numbers for LVAL. Membership increased. Attendance increased. New programs and activities were added. Giving by our community partners increased. The annual Mayor's Charity Golf Tournament raised the most money ever. Weekly bingo continued to grow. But the biggest number in 2025 was honoring your Executive Director, Rick Daugherty, for 30 years at the helm. Rick has done an incredible job taking care of our community over the years. Here's to 30 more, Mr. Daugherty!

With the continuing efforts of Rick, the staff, and the volunteers, LVAL continues to innovate and thrive. But despite all the changes over the years, LVAL always stays true to its mission statement: "To provide services to Lehigh Valley Senior Citizens."

I couldn't be prouder to serve this

Updates

We settled into a routine of new programs, more members, and growing attendance at classes. The Shared Housing program in Northampton County took off under the direction of Alberto Martinez. In Lehigh County, Annette Rodriquez has Shared Housing, which started a year later, poised to launch.

Cooking classes, book clubs, Friday Night DJ dances, rock concerts, recording equipment and pickleball lessons were new.

Our instructors are our stars and staff support their good work and make everyone feel welcome. We welcomed Heather Malone to lead our lunch program. She has made a real difference. Brenda Mason, our social worker, has led a number of interesting workshops including Coping Skills which got a lot of interest.

We remain a United Way of the Greater Lehigh Valley trusted community messenger and regional Community Hub. JR Reed, executive director of Lehigh County Aging and Adult Services, is a champion for our agency and fully supports our work.

Our value to the community

Post-retirement continues to be a time of increased risk for greater social isolation and personal dislocation.

LVAL provides a facility, programs, activities, and events to help retired persons meet new friends, stay active, get involved and have a new purpose in life.





LEHIGH VALLEY ACTIVE LIFE

Annual Report 2025

Programs and Services

Lehigh Valley Active Life
Programs, activities and resources for seniors

Finances

Total assets are $1,477,590 and total liabilities are $11,497.

Income was $793,780 and expenses were $744,752. Depreciation expense was $63,243.

Lehigh County provided $202,639. Allentown provided $5,000 and Mayor Matt Tuerk donated $8,000 through his annual charity golf tournament. Other municipalities donated $19,150.

Fees for programs brought in $192,565. Membership dues raised $20,805. Harry C. Trexler Trust donated $25,000.

United Way provided $40,000 for a community Hub and $26,132 for special programs. Shared Housing received $66,297 from Northampton County and $53,405 from Lehigh County.

Community Groups

We host many community groups from Lehigh Valley Bonsai Society to the local crime watch, both major political parties, and even the Basket Weavers, Square Dancers and Veteran's Groups.



STAFF

Rick Daugherty
William Gonzalez
James Harris
Heather Malone
Alberto Martinez
Annette Rodriguez
Mark Sandrock
Barbara Shattah
Lynne Walls

Our Statistics

Over 1,300 people served
Program Attendance: 69,230
Outside Group Attendance: 2,500
Over 20 activities each weekday
Open evenings & weekends
Over 70 instructors & volunteers

Www.lvactivelife.org

Who We Are

Imagine a place where practitioners of yoga join musicians, artists, card players, and exercise enthusiasts to enjoy life to its fullest. A place where people meet, move and create. A place of vibrant color, good music, and friendly people. A place open morning to night seven days a week. That is us! For 65 years music programs, exercise classes, lunch, social events, seminars, lectures, bingo, cards, art, dances, swimming, quilting and more have happened here. Join us!

Board of Directors

Thomas Applebach, President
Maria Santacoloma, 1st Vice President
William McQuilken, 2nd Vice President
Louella Torrence, Treasurer
Robert Velez, Secretary

Christine Bauder, Lois Fuini, Sheree Morris Horton, Dottie Jeffries, Adria Laboy, Israel Sackey, Mary Jo Shields*

*deceased

Contact Us

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