



*“The social isolation of 2020 was hard on many seniors. Our center offers many opportunities for connection and socialization, so shutting down for over a year was difficult for many of our members. We were excited to see a large turnout for our annual meeting in July, which was our official post-pandemic reopening. We had over 200 people attend, all of whom were happy to be back together. Thanks to generous funding from Lehigh County and other Covid relief initiatives we were able to make several modifications to the building to create a safe environment for our many activities. Lehigh Valley Active Life is thriving post pandemic, and is vital to our senior community.”*

**Pam Bartlett**  
**Board President**

## Updates

Operational Efficiencies Closing gave us a chance to review procedures and improve efficiency.

Renovations Facility improvements continued with a new floor in the Harry C. Trexler room and Roger and Mary Louise Mullin rooms and a new awning.

## Our Statistics

- Google reviews 4.5 out of 5
- Over 60 people received home-delivered meals.
- Reopened July 2021!

## **Our value to the community**

**During the pandemic social isolation became more widespread and its negative effects well know. Post-retirement continues to be a time of increased risk for greater social isolation and personal dislocation.**

**LVAL provides a facility, programs, activities, and events to help retired persons meet new friends, stay active, get involved and have a new purpose in life.**



# **LEHIGH VALLEY ACTIVE LIFE**

**Annual Report 2021**  
**Programs and Services**



## Finances

Total assets are \$1,595,256 and total liabilities are \$11,242. Income was \$527,130 and expenses were \$379,514. Loss on value of investments was \$12,894. Depreciation expense was \$58,359. Lehigh County provided \$255,720. PPP Loan of \$63,648 (which was later forgiven), \$25,647 from Investment Income, Allentown provided \$15,000 and Mayor Ray O'Connell donated \$8,000 through his annual charity golf tournament. Other municipalities donated \$14,950. Fees for programs brought in \$57,221. Membership dues raised \$7,435. Harry C. Trexler Trust donated \$25,000. United Way provided \$21,324 for food delivery and fall prevention.

## STAFF

Rick Daugherty  
Tom Kober  
Mark Sandrock  
Barbara Shattah  
Robert Walker  
Lynne Walls  
Yendira Rosario



## Covid 19 Pandemic

Covid19 infections began to recede in the Lehigh Valley in late spring 2021. The Board of Directors decided to reopen on July 1, 2021, after having been closed since March 13, 2020.

Masks for those unvaccinated were required, everyone else could wear one or not. Given that our most popular programs involved playing music, singing, eating lunch or exercise, mandating a mask would have made it unworkable.

Although we learned that a couple of people who got Covid 19 had recently been at LVAL, there were no known transmissions that occurred here. This was probably due, in part, to our air purification systems and that most participants were vaccinated.

[www.lvactivelife.org](http://www.lvactivelife.org)

## Who We Are

Imagine a place where practitioners of yoga join musicians, artists, card players, and exercise enthusiasts to enjoy life to its fullest. A place where people meet, move and create. A place of vibrant color, good music, and friendly people. A place open morning to night seven days a week. That is us! For 60 years music programs, exercise classes, lunch, social events, seminars, lectures, bingo, cards, art, dances, swimming, quilting and more have happened here. Join us!

## Board of Directors

Pam Bartlett, President  
Susan Rutt, 1st Vice President  
Suzanne Krause, 2nd Vice President  
Richard Warner, Treasurer  
Maria Santacoloma, Secretary

Peter Calliste, Carmen Diaz, Lois Fuini,  
Gene Parks, Lori Paules\*, Israel Sackey,  
Mary Jo Shields, Louella Torrance,

\* immediate past president

## Contact Us

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