

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<b>Stuffed Pepper</b> <b>Mashed Potatoes</b> <b>Buttered Carrots</b> <b>WW Dinner Roll</b>  <b>Vanilla Greek</b> <b>Yogurt</b>	<b>BBQ Pork Riblet</b> <b>Sandwich</b> <b>Buttered Mixed</b> <b>Vegetables</b> <b>Baked Beans</b> <b>WW Sand. Roll</b>  <b>Fresh Clementine</b>	<b>Chicken Fritters</b> <b>Wax Beans</b> <b>Roasted Red</b> <b>Potatoes</b> <b>WW Dinner Roll</b>  <b>Applesauce</b>	<b>Spaghetti and</b> <b>Meatballs</b> <b>Side Salad</b> <b>Broccoli</b> <b>WW Spaghetti w/</b> <b>Sauce</b>  <b>Vanilla Pudding</b>	<b>Breaded Fish Filet</b> <b>Broccoli &amp;</b> <b>Cauliflower</b> <b>French Onion</b> <b>Soup</b> <b>WW Dinner Roll</b> <b>Chocolate Chip</b> <b>Cookie</b>
8	9	10	11	12
<b>Veal Parmesan</b>  <b>Peas</b> <b>WW Penne w/Sauce</b>  <b>Diced Pears</b> <b>Oatmeal Cookie</b>	<b>Garlic Butter</b> <b>Chicken</b>  <b>Green Beans</b> <b>Mashed Potatoes</b> <b>WW Dinner Roll</b> <b>Chocolate</b> <b>Pudding</b>	<b>Beef Lasagna</b>  <b>Side Salad</b> <b>Broccoli &amp;</b> <b>Cauliflower</b> <b>WW Dinner Roll</b>  <b>Pound Cake</b>	<b>Cheesesteak</b>  <b>Vegetable Soup</b> <b>Roasted Potato</b> <b>Wedges</b> <b>WW Sandwich Roll</b> <b>Fresh Orange</b>	<b>Chicken Marsala</b> <b>Buttered New</b> <b>Potatoes</b> <b>Buttered Vegetable</b> <b>Medley</b> <b>WW Dinner Roll</b> <b>Strawberries</b>
15	16	17	18	19
<b>Cheeseburger</b>  <b>Roasted Potato</b> <b>Wedges</b> <b>Carrots</b> <b>WW Sandwich Roll</b>  <b>Fresh Clementine</b>	<b>Roast Chicken</b> <b>Breast w/Gravy</b> <b>Buttered</b> <b>Vegetable Blend</b> <b>Roasted Red</b> <b>Potatoes</b> <b>WW Dinner Roll</b>  <b>Vanilla Pudding</b>	<b>Glazed Pork</b>  <b>Sauerkraut</b> <b>Mashed Potatoes</b>  <b>WW Dinner Roll</b>  <b>Fresh Apple Slices</b> <b>Cookie</b>	<b>Sweet and Sour</b> <b>Meatballs</b>  <b>Asian Vegetable</b> <b>Blend</b> <b>Vegetable Fried</b> <b>Rice</b>  <b>Mand. Oranges</b>	<b>BBQ Pulled Pork</b>  <b>Creamy Coleslaw</b> <b>Chuckwagon Corn</b>  <b>WW Sandwich Roll</b>  <b>Peaches</b>
22	23	24	25	26
<b>Smothered Pork</b>  <b>Brussels Sprouts</b> <b>Sweet Potatoes</b>  <b>WW Dinner Roll</b>  <b>Jello</b>	<b>Meatloaf w/Gravy</b>  <b>Mashed Potatoes</b> <b>Carrots</b>  <b>WW Dinner Roll</b>  <b>Banana Bread</b>	<b>Broccoli &amp; Cheese</b> <b>Stuffed Chicken</b>  <b>Buttered Vegetable</b> <b>Blend</b>  <b>Buttered Brown Rice</b>  <b>Fresh Fruit Salad</b>	<b>Cheese Omelette</b>  <b>Hash Brown Patty</b>  <b>Peppers and</b> <b>Onions</b> <b>WW Biscuit</b>  <b>Fresh Orange</b>	<b>BBQ Chicken Patty</b> <b>Sandwich</b>  <b>Beef and Bean</b> <b>Chili</b> <b>Vegetable Blend</b> <b>WW Sandwich Roll</b>  <b>Strawberry Banana</b> <b>Applesauce</b>
29	30	<b>HOT MENU CALENDAR</b> <b>APRIL 2024</b> 		
<b>Stuffed Pepper</b>  <b>Mashed Potatoes</b> <b>Buttered Carrots</b> <b>WW Dinner Roll</b>  <b>Vanilla Greek</b> <b>Yogurt</b>	<b>BBQ Pork Riblet</b> <b>Sandwich</b>  <b>Buttered Mixed</b> <b>Vegetables</b> <b>Baked Beans</b> <b>WW Sandwich</b> <b>Roll</b> <b>Fresh Clementine</b>			

**LITE MENU** - Lehigh County Sr. Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<b>Turkey and Gouda Sandwich</b>  <b>Diced Beets</b> <b>Whole Wheat Bread</b>  <b>Fresh Pear</b>	<b>Roast Beef &amp; Pepper Jack Sandwich</b>  <b>Broccoli Slaw WW Bread</b>  <b>Pineapple</b>	<b>Italian Salad</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Tropical Fruit</b>	<b>Chef Salad with Chicken</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Fresh Orange</b>	<b>BBQ Chicken &amp; Cheese Sandwich</b>  <b>Baby Carrots w/ Ranch</b> <b>WW Sandwich Roll</b>  <b>Fresh Orange</b>
8	9	10	11	12
<b>Roast Beef Club Sandwich</b>  <b>Four Bean Salad WW Club Roll</b>  <b>Tropical Fruit</b>	<b>Ham and Cheddar Sandwich</b>  <b>Diced Beets WW Bread</b>  <b>Pineapple</b>	<b>Chicken Caesar Salad</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Strawberry Banana Applesauce</b>	<b>Pastrami and Swiss Sandwich</b>  <b>Potato Salad WW Sandwich Roll</b>  <b>Fresh Pear</b>	<b>Spring Mix Salad with Chicken</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Fresh Orange</b>
15	16	17	18	19
<b>Turkey and Provolone Sandwich</b>  <b>Potato Salad WW Sandwich Roll</b>  <b>Mandarin Oranges</b>	<b>Roast Beef and Swiss Sandwich</b>  <b>Cucumbers WW Sandwich Roll</b>  <b>Fresh Pear</b>	<b>Egg Salad Sandwich</b>  <b>Baby Carrots w/ Ranch</b> <b>WW Sandwich Roll</b>  <b>Pineapple</b>	<b>Turkey, Cheddar, &amp; Bacon Sandwich</b>  <b>Broccoli Slaw Whole Wheat Bread</b>  <b>Fresh Pear</b>	<b>Ham Salad Sandwich</b>  <b>Four Bean Salad WW Sandwich Roll</b>  <b>Fresh Orange</b>
22	23	24	25	26
<b>Turkey and Gouda Sandwich</b>  <b>Diced Beets</b> <b>Whole Wheat Bread</b>  <b>Fresh Pear</b>	<b>Roast Beef &amp; Pepper Jack Sandwich</b>  <b>Broccoli Slaw WW Bread</b>  <b>Pineapple</b>	<b>Italian Salad</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Tropical Fruit</b>	<b>Chef Salad with Chicken</b>  <b>Salad Vegetables WW Dinner Roll</b>  <b>Fresh Orange</b>	<b>BBQ Chicken &amp; Cheese Sandwich</b>  <b>Baby Carrots w/ Ranch</b> <b>WW Sandwich Roll</b>  <b>Fresh Orange</b>
29	30	<b>LITE MENU CALENDAR</b> <b>APRIL 2024</b> 		
<b>Roast Beef Club Sandwich</b>  <b>Four Bean Salad WW Club Roll</b>  <b>Tropical Fruit</b>	<b>Ham and Cheddar Sandwich</b>  <b>Diced Beets WW Bread</b>  <b>Pineapple</b>			