

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH 2003</b> Hot Menu 		1	2	3
		Meatloaf  Mashed Potatoes Scandinavian Vegetable Blend Whole Wheat Dinner Roll Greek Yogurt Shortbread Cookie	Breakfast Sandwich  Breakfast Potatoes Whole Wheat English Muffin Fresh Fruit Salad	Breaded Fish Sandwich  Potato Salad Cream of Mushroom Soup Whole Wheat Sandwich Roll Fresh Orange
6	7	8	9	10
Beef Pot Pie  Mixed Vegetables Whole Grain Biscuit Diced Pineapple	BBQ Meatballs  Mashed Potatoes Carrots Whole Wheat Dinner Roll Chocolate Pudding	Kielbasa and Sauerkraut  Peas WW Hot Dog Roll Peach Applesauce	Orange Chicken  Asian Vegetable Blend Buttered Brown Rice Mandarin Oranges Sugar Cookie	Cheese Ravioli with Sauce  Spinach Salad Whole Wheat Dinner Roll Fresh Orange
13	14	15	16	17
Salisbury Steak  Mashed Potatoes Green Beans Whole Wheat Dinner Roll Vanilla Pudding	Chicken Alfredo  Broccoli Buttered WG Penne WW Dinner Roll Jello Fresh Melon	Open Face Roast Pork Sandwich  Mashed Potatoes Brussels Sprouts Whole Wheat Bread Rice Pudding	Meatballs Marinara  Broccoli and Cauliflower WG Spaghetti with Sauce Diced Pears	Scrambled Eggs  Breakfast Potatoes Pancakes Fresh Fruit Salad
20	21	22	23	24
Italian Sausage and Peppers  Normandy Vegetable Blend WW Hot Dog Roll Apple Slices Oatmeal Cookie	Cheeseburger  Roasted Potato Wedges Tomato Soup Whole Wheat Sandwich Roll Diced Peaches	Chicken Marsala  Mashed Potatoes Wax Beans Whole Wheat Dinner Roll Pound Cake	Tuna Noodle Casserole  Broccoli Garden Salad Buttered Egg Noodles Vanilla Pudding	Cheese Tortellini with Sauce  Italian Vegetable Blend Whole Wheat Dinner Roll Melon, Choc. Chip Cookie
27	28	29	30	31
Cheese Omelette  Hash Browns Peppers and Onions Whole Grain Biscuit Fresh Orange	Pulled Pork Sandwich  Carrots Coleslaw WW Sandwich Roll Pineapple	Stuffed Chicken Breast  Green Beans Buttered Brown Rice Jello, Tropical Fruit	Meatloaf  Mashed Potatoes Scandinavian Vegetable Blend Whole Wheat Dinner Roll Greek Yogurt Shortbread Cookie	Breakfast Sandwich  Breakfast Potatoes Whole Wheat English Muffin Fresh Fruit Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH 2003</b> <b>Lite Fare Menu</b> 		1	2	3
		BBQ Chicken Salad  Salad Vegetables WW Dinner Roll Pineapple	Ham and Cheddar Sandwich  Broccoli Salad WW Roll Fresh Pear	Chicken Cordon Bleu Sandwich  Beet Cucumber Onion Salad WW Sandwich Roll Tropical Fruit
6	7	8	9	10
Deli Chicken & Cheddar Sandwich  Beet Cucumber Onion Salad Pretzel Roll Fresh Pear	Chef Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange	Roast Beef & Cheddar Sandwich  Broccoli Salad WW Roll Pineapple	Harvest Chicken Salad  Salad Vegetables WW Dinner Roll Fresh Melon	Pesto Chicken Salad Sandwich  Tomato Onion Olive Salad WW Roll Fresh Orange
13	14	15	16	17
Roast Beef Club Sandwich  Four Bean Salad WW Sandwich Roll Tropical Fruit	Ham & Swiss Sandwich  Potato Salad WW Sandwich Roll Pineapple	Beef & Blue Cheese Salad  Salad Vegetables WW Dinner Roll Peaches	Chicken Caesar Wrap  Broccoli Salad Whole Wheat Tortilla Fresh Apple Slices	Spring Mix Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange
20	21	22	23	24
Deli Sandwich  Four Bean Salad WW Roll Mandarin Oranges	Tuna Salad Sandwich  Potato Salad WW Sandwich Roll Fresh Orange	BBQ Chicken Salad  Salad Vegetables WW Dinner Roll Pineapple	Ham and Cheddar Sandwich  Broccoli Salad WW Roll Fresh Pear	Chicken Cordon Bleu Sandwich  Beet Cucumber Onion Salad WW Sandwich Roll Tropical Fruit
27	28	29	30	31
Deli Chicken & Cheddar Sandwich  Beet Cucumber Onion Salad Pretzel Roll Fresh Pear	Chef Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange	Roast Beef & Cheddar Sandwich  Broccoli Salad WW Roll Pineapple	Harvest Chicken Salad  Salad Vegetables WW Dinner Roll Fresh Melon	Pesto Chicken Salad Sandwich  Tomato Onion Olive Salad WW Roll Fresh Orange