

LITE FARE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Closed for NEW YEARS DAY</b>	Chef Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange	Roast Beef & Cheddar Sandwich  Broccoli Salad WW Roll Pineapple	Harvest Chicken Salad  Salad Vegetables WW Dinner Roll Fresh Melon	Pesto Chicken Salad Sandwich  Tomato Onion Olive Salad WW Roll Fresh Orange
9	10	11	12	13
Roast Beef Club Sandwich  Four Bean Salad WW Sandwich Roll Tropical Fruit	Ham & Swiss Sandwich  Potato Salad WW Sandwich Roll Pineapple	Beef & Blue Cheese Salad  Salad Vegetables WW Dinner Roll Peaches	Chicken Caesar Wrap  Broccoli Salad Whole Wheat Tortilla Fresh Apple Slices	Spring Mix Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange
16	17	18	19	20
<b>Closed for MARTIN LUTHER KING DAY</b>	Tuna Salad Sandwich  Potato Salad WW Sandwich Roll Fresh Orange	BBQ Chicken Salad  Salad Vegetables WW Dinner Roll Pineapple	Ham and Cheddar Sandwich  Broccoli Salad WW Roll Fresh Pear	Chicken Cordon Bleu Sandwich  Beet Cucumber Onion Salad WW Sandwich Roll Tropical Fruit
23	24	25	26	27
Deli Chicken & Cheddar Sandwich  Beet Cucumber Onion Salad Pretzel Roll Fresh Pear	Chef Salad with Chicken  Salad Vegetables WW Dinner Roll Fresh Orange	Roast Beef & Cheddar Sandwich  Broccoli Salad WW Roll Pineapple	Harvest Chicken Salad  Salad Vegetables WW Dinner Roll Fresh Melon	Pesto Chicken Salad Sandwich  Tomato Onion Olive Salad WW Roll Fresh Orange
30	31	<h1>JANUARY 2023</h1> 		
Roast Beef Club Sandwich  Four Bean Salad WW Sandwich Roll Tropical Fruit	Ham & Swiss Sandwich  Potato Salad WW Sandwich Roll Pineapple			

# HOT MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Closed for NEW YEARS DAY</b>	Breakfast Sandwich Breakfast Potatoes Whole Wheat English Muffin Fresh Fruit Salad	Breaded Fish Sandwich Potato Salad Cream of Mushroom Soup Whole Wheat Sandwich Roll Fresh Orange	Beef Pot Pie Mixed Vegetables Whole Grain Biscuit Diced Pineapple	BBQ Meatballs Mashed Potatoes Carrots Whole Wheat Dinner Roll Chocolate Pudding
9	10	11	12	13
Kielbasa and Sauerkraut Peas WW Hot Dog Roll Peach Applesauce	Orange Chicken Asian Vegetable Blend Buttered Brown Rice Mandarin Oranges	Cheese Ravioli with Sauce Spinach Salad Whole Wheat Dinner Roll Fresh Orange	Salisbury Steak Mashed Potatoes Green Beans Whole Wheat Dinner Roll Vanilla Pudding	Chicken Alfredo Broccoli Buttered WG Penne Jello
16	17	18	19	20
<b>Closed for MARTIN LUTHER KING DAY</b>	Meatballs Marinara Broccoli and Cauliflower WG Spaghetti with Sauce Diced Pears	Scrambled Eggs Breakfast Potatoes Pancakes Fresh Fruit Salad	Italian Sausage and Peppers Normandy Vegetable Blend WW Hot Dog Roll Apple Slices	Cheeseburger Roasted Potato Wedges Tomato Soup Whole Wheat Sandwich Roll Diced Peaches
23	24	25	26	27
Chicken Marsala Mashed Potatoes Wax Beans Whole Wheat Dinner Roll Pound Cake	Tuna Noodle Casserole Broccoli Garden Salad Egg Noodles Vanilla Pudding	Cheese Tortellini with Sauce Italian Vegetable Blend Whole Wheat Dinner Roll Melon	Cheese Omelette Hash Browns Peppers and Onions Whole Grain Biscuit Fresh Orange	Pulled Pork Sandwich Carrots Coleslaw WW Sandwich Roll Pineapple
30	31	<h1>JANUARY 2023</h1> 		
Stuffed Chicken Breast Green Beans Buttered Brown Rice Jello	Meatloaf Mashed Potatoes Scandinavian Vegetable Blend Whole Wheat Dinner Roll Greek Yogurt			