

LITE FARE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>DECEMBER</h1> <h2>2022</h2>			1	2
			BBQ Chicken Salad Salad Vegetables WW Dinner Roll Fresh Fruit Salad	Cranberry Tky Salad Sandwich Lentil Salad WW Sandwich Roll Fresh Orange
5	6	7	8	9
Mediterranean Chicken Salad Salad Vegetables WW Dinner Roll Pineapple	Deli Sandwich Four Bean Salad WW Roll Fresh Melon	Turkey Cobb Salad Salad Vegetables WW Dinner Roll Fresh Banana	Turkey Coleslaw Pita Potato Salad Whole Wheat Pita Fresh Fruit Salad	Antipasto Salad Salad Vegetables WW Dinner Roll Fresh Banana
12	13	14	15	16
Smoked Turkey & Cheddar Sandwich Beet Cucumber Onion Salad Pretzel Roll Fresh Orange	Harvest Chicken Salad Salad Vegetables WW Dinner Roll Fresh Melon	Roast Beef & Cheddar Sandwich Broccoli Salad WW Sandwich Roll Fresh Pear	Mediterranean Chicken Pita Tomato Onion Olive Salad Pita Bread Fresh Orange	Spring Turkey Salad Salad Vegetables WW Dinner Roll Pineapple
19	20	21	22	23
Turkey BLT Bagel Coleslaw Bagel Fresh Fruit Salad	Beef & Blue Cheese Salad Salad Vegetables WW Dinner Roll Pineapple	Turkey Club Wrap Broccoli Salad Whole Wheat Tortilla Fresh Apple Slices	Roast Beef Club Sandwich Four Bean Salad Club Roll Fresh Orange	Closed For The Holidays
26	27	28	29	30
Closed for the Holiday	Mediterranean Chicken Salad Salad Vegetables WW Dinner Roll Pineapple	Deli Sandwich Four Bean Salad WW Roll Fresh Melon	Turkey Cobb Salad Salad Vegetables WW Dinner Roll Fresh Banana	Turkey Coleslaw Pita Potato Salad Whole Wheat Pita Fresh Fruit Salad