

LITE FARE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Mediterranean Chicken Pita Tomato Onion Olive Salad Pita Bread Fresh Orange	Spring Turkey Salad Salad Vegetables WW Dinner Roll Pineapple	Turkey BLT Bagel Coleslaw Bagel Fresh Fruit Salad	Beef & Blue Cheese Salad Salad Vegetables WW Dinner Roll Pineapple
7	8	9	10	11
Turkey Club Wrap Broccoli Salad Whole Wheat Tortilla Fresh Apple Slices	Roast Beef Club Sandwich Four Bean Salad Club Roll Fresh Orange	BBQ Chicken Salad Salad Vegetables WW Dinner Roll Fresh Fruit Salad	Cranberry Tky Salad Sandwich Lentil Salad WW Sandwich Roll Fresh Orange	Mediterranean Chicken Salad Salad Vegetables WW Dinner Roll Pineapple
14	15	16	17	18
Deli Sandwich Four Bean Salad WW Roll Fresh Melon	Turkey Cobb Salad Salad Vegetables WW Dinner Roll Fresh Banana	Turkey Coleslaw Pita Potato Salad Whole Wheat Pita Fresh Fruit Salad	Antipasto Salad Salad Vegetables WW Dinner Roll Fresh Banana	Smoked Turkey & Cheddar Sandwich Beet Cucumber Onion Salad Pretzel Roll Fresh Orange
21	22	23	24	25
Harvest Chicken Salad Salad Vegetables WW Dinner Roll Fresh Melon	Roast Beef & Cheddar Sandwich Broccoli Salad WW Sandwich Roll Fresh Pear	Mediterranean Chicken Pita Tomato Onion Olive Salad Pita Bread Fresh Orange	THANKSGIVING DAY HOLIDAY NO MEALS	BLACK FRIDAY OBSERVED CENTER CLOSED NO MEALS
28	29	30	<b>NOVEMBER 2022</b>	
Beef & Blue Cheese Salad Salad Vegetables WW Dinner Roll Pineapple	Turkey Club Wrap Broccoli Salad Whole Wheat Tortilla Fresh Apple Slices	Roast Beef Club Sandwich Four Bean Salad Club Roll Fresh Orange		