

HOT MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Meatball Hoagie Roasted Potato Wedges Broccoli Whole Wheat Bun Pound Cake	Pork and Sauerkraut Mashed Potatoes Green Beans Whole Grain Dinner Roll Cinnamon Applesauce	Breaded Fish Coleslaw Macaroni and Cheese Cottage Cheese and Fruit	BBQ Turkey Roasted Sweet Potatoes Green Beans Cornbread Chocolate Pudding
7	8	9	10	11
Beef Pot Pie Mashed Potatoes Peas and Pearl Onions Whole Grain Biscuit Fresh Grapes	Scrambled Eggs, Sausage Breakfast Potatoes Peppers and Onions Whole Grain Bread Fresh Orange	Beef Sloppy Joe Potato Wedges Butternut Squash Soup Whole Wheat Bun Jello	Sweet and Sour Pork Asian Vegetable Blend Lo Mein Noodles Mandarin Oranges	VETERANS DAY HOLIDAY
14	15	16	17	18
Chicken Fingers w/Honey Mustard Scandinavian Veg Blend Spinach Salad Whole Grain Dinner Roll Brownie	Smothered Pork Boiled New Potatoes Brussels Sprouts Whole Grain Dinner Roll Rice Pudding	Swedish Meatballs Mixed Vegetables WG Buttered Noodles Fresh Melon	Lemon Pepper Fish Scalloped Potatoes Broccoli Whole Grain Dinner Roll Fruit Cobbler	Chicken Parmesan Italian Vegetable Blend WG Penne w/Sauce Fresh Orange
21	22	23	24	25
Cheeseburger Macaroni Winter Vegetable Blend LS Tomato Soup WG Macaroni Oreo Pudding	Roast Turkey and Gravy Mashed Sweet Potatoes Green Beans Bread Stuffing Pumpkin Mousse	Cheeseburger Roasted Potato Wedges Broccoli and Cauliflower Whole Wheat Bun Chocolate Chip Cookie	THANKSGIVING DAY HOLIDAY NO MEALS	BLACK FRIDAY HOLIDAY CENTER CLOSED NO MEALS
28	29	30	NOVEMBER 2022	
Beef Patty with Gravy Mashed Potatoes Peas and Carrots Whole Grain Dinner Roll Rice Pudding	Honey Mustard Chicken Cauliflower and Peas Br Rice Pilaf Peaches	Meatball Hoagie Roasted Potato Wedges Broccoli Whole Wheat Bun Pound Cake		