



“As a retired educator I know the value of keeping your mind active. Bridge is a challenging and fun game. LVAL has three games, and they are attracting a variety of people from beginner to expert. It is interesting to see friendships established amid the challenging but wonderful game of bridge.”

*Judy Peters
Art Instructor*

Gary and Diane D’Rae love to dance, take cruises, plan trips, and simply enjoy life. When they saw our Saturday Night Dance attendance diminishing and heard the dances might end, they immediately sprung into action. Meeting with executive director Rick Daugherty, they asked if they could try to revive the dances with new bands. Well two years later our Saturday Night Dances are back with more bands than ever.

Gary and Diane also work as trip escorts on our overnight trips. They are friendly, responsible, and never overwhelmed, and they make our trips a fun, relaxed time for all.

Fun Fact: Gary, a barber, cut executive director Rick Daugherty’s hair when he was growing up in west Bethlehem. It’s a small Lehigh Valley!

Our value to the community

Most of us realize that exercise and nutrition are important for good health, but even more important is to be with others. Research the world over shows that isolation damages health. Positive interactions with people, especially when you retire, can turn your life around. It happens here every day.



LEHIGH VALLEY ACTIVE LIFE

Annual Report 2018
Programs and Services



Finances

Net assets are 1.3 million. There is no long term debt. Income was \$720,176 and expenses were \$671,981 plus \$68,992 in depreciation. Lehigh County provided \$110,132. Allentown provided \$15,000 and Mayor Ray O'Connell donated \$16,000 through his annual charity golf tournament. Fees for programs brought in \$182,006. Membership dues were \$29,827

- Investments were doing well until the market tanked in December.
- \$125,000 from an Anonymous Foundation that was ending its tenure.

Our Statistics

- Over 3,000 members
- Over 200 people visit each day
- Email list of over 2,400

STAFF

Donald Becker	Julene Martin Morganelli
Ethelene Cross	Diane Nolan
Rick Daugherty	Mark Sandrock
Connie DeAngelo	Sally Saylor
Samir Ibrahim	Barbara Shattah
Robert Walker	Lynne Walls

Updates

New Database Daryl Gregory completed his work on our new database that makes it easier to enter attendance information and track member participation. He continues to consult and provide updates on the database for better analysis and ultimately better serve to our membership.

New Website Jason Fronina created an interactive, easy, fun website to show the world who we are.

Google 4.7 stars average and great reviews



A Saturday Night Dance is fun!

Who We Are

Imagine a place where practitioners of yoga join musicians, artists, card players, and exercise enthusiasts to enjoy life to its fullest. A place where people meet, move and create. A place of vibrant color, good music, and friendly people. A place open morning to night seven days a week. That is us! For 58 years music programs, exercise classes, lunch, social events, seminars, lectures, bingo, cards, art, dances, swimming, quilting and more have happened here.

Board of Directors

Charlie Pinto *- President
Tynetta Alston - 1st Vice President
Pam Bartlett—2nd Vice President
Lori Paules. Treasurer
Richard Warner, Secretary

Gerald Alfano, Connie Challingsworth, Derrick Davis, Jeff Dean, Basima Hamati, Suzanne Krause, Rebecca Price, Esq.

* deceased

Contact Us

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Visit us on the web:
www.lvactivelife.org