



Tuesday, October 10, 2017—9:00 a.m. — noon
Lehigh Valley Active Life
1633 West Elm Street, Allentown—610-437-3700

SHUTTLE SERVICES FROM THE UPPER LOT "Y" ON ELM ST.

**Enjoy complementary donuts until 10:00 a.m.
and root beer floats after that.**
Door prizes. \$50 cash giveaway every 20 minutes
MUST be present to win door prizes and cash giveaways
LVAL Staff and vendors not eligible to win

Flu shots; sleep screening—Lehigh Valley Health Network

Balance and grip strength screening— St. Luke's Physical Therapy

Memory screening—Lehigh Center for Clinical Research

Cholesterol screening—St. Luke's University Hospital

Fall prevention—Lehigh Commons Senior Living (Genesis)

BP and oxygen Levels—Dedicated Nursing Associates

Bone density—Hartzell's Pharmacy

Stroke risk assessment & nutritional advise —Good Shepherd Rehabilitation

Unclaimed property search—State Representative Mike Schlossberg

Bag Lunch—call 610-437-3700
by October 6th to reserve

